



SPEED

A powerful stimulant that keeps people alert, usually sold as an off-white or pinkish powder – that sometimes look like small crystals



Physical Health risks

- ✓ Respiratory problems with heavy use
- ✓ Weight loss, malnutrition: Suppressed appetite, chronic deficiencies.
- ✓ Dental problems: Dry mouth, teeth grinding, cavities.
- ✓ Skin problems
- ✓ Infectious diseases: HIV/AIDS, hepatitis.

Effects on the brain

- ✓ Overdose risk: Seizures, hallucinations
- ✓ Affects memory, attention, decision-making.
- ✓ Increased risk of depression, anxiety.
- ✓ Addiction: Can lead to dependence and withdrawal.
- ✓ Sleep disturbances: Disrupts normal sleep patterns.

