



KUBER

Kuber Kuber is a smokeless tobacco similar to snuff. Portions of it are placed between the cheek and the gum and then chewed.



Physical Health risks

- ✓ Intoxication and can easily give a blackout
- ✓ Tooth decay and staining of the teeth
- ✓ Severe headaches
- ✓ Loss of appetite
- ✓ Loss of weight
- ✓ Increases the desire to have sex but reduces sexual performance.

Effects on the brain

- ✓ Addiction
- ✓ Causes hallucinations
- ✓ Nicotine use can increase the risk of stroke
- ✓ Causes memory loss
- ✓ Nicotine in Kuber tobacco can have mood-altering effects,

